

# Webinar Details

To register for the webinar:  
[www.permeseminars.com](http://www.permeseminars.com)

**Registration Fee**  
**\$450.00**

**Instructional Method**  
Lectures and Discussions

**Suggested Audience**  
PTs, OTs, PTAs, COTAs, and other  
Healthcare Professionals

## CCU/CEU

14.0 contact hours/1.4 CEUs

**PT:** Illinois Dept of Financial & Professional  
Regulation License # 216.000338.  
California # 20-107; Florida # CE20-  
663311; New Jersey # 1910-22; Ohio #  
20S1700; Pennsylvania # PTCE014283;  
Texas # 71761TX; Louisiana.

**OT:** AOTA Approved Provider of continuing  
education # 11159 AOTA Classification  
Code: Occupational Therapy Process-  
Intervention. ("The assignment of AOTA CEU's does not  
imply endorsement of specific course content, products, or  
clinical procedures from AOTA.")



## Speaker Biography

Christiane Perme, PT CCS FCCM is a graduate from the Catholic University in Brazil. She is a Board Certified Cardiovascular and Pulmonary Clinical Specialist and a Fellow of the American College of Critical Care Medicine.

Mrs. Perme is the owner of Perme ICU Rehab Seminars and a Clinical Development Specialist at the Houston Methodist Hospital, where she practiced primarily in ICU for 30 years. She has published 18 articles and is co-author in 9 book chapters.

Mrs. Perme has presented hundreds of courses and lectures in the United States. She is also a world-renowned speaker with presentations in Colombia, Puerto Rico, Denmark, Russia, Brazil, Nigeria, and at the World Physical Therapy Congress in Spain, Canada, and Netherlands.



For additional information and special  
needs requests, please contact:  
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## "FUNDAMENTALS OF ICU REHAB" WEBINAR

**Presented by:**  
**Christiane Perme, PT CCS FCCM**

**October 17-18, 2020**

**January 30-31, 2021**

## Webinar Description

Therapists working with patients in ICU face complex challenges. The content of this webinar will guide clinicians through the process of understanding and managing adult ICU patients, from patient selection and therapeutic interventions to choosing outcome measures. This webinar is designed to inspire clinicians to reflect on and understand the clinical principles that promote best practices in the ICU and positively influence the recovery of patients.

## Testimonials

*"Chris is a GREAT course instructor! She presented ALL the information in organized & clear manner. Very dynamic and passionate speaker."*

*"Best course ever taken! Should be a requirement for every therapist prior to working in ICU."*

*"I loved and appreciated the photos/videos. Thank you and thank you for your compassion..."*

*"Great speaker who engages the class, very easy to pay attention. Personal experiences added great value to content being taught. Highly recommend this course."*

*"This course will impact my practice on a daily basis. Thank you!"*

*"Great energy and kept audience engaged for the entire 2 days!"*



## "FUNDAMENTALS OF ICU REHAB"

### Objectives

Upon completion of this webinar, the participants will be able to:

- Select patients for early mobility and rehab in ICU using clinical decision-making skills.
- Identify ventilator settings on screen and summarize most common modes of mechanical ventilation.
- Identify and state function of commonly vascular catheters, tubes, and equipment used in the ICU.
- Describe two common types of weakness associated with critical illness.
- Discuss clinical implications of lab values and medications in ICU.
- Recognize importance of functional outcomes for patients in ICU.
- Examine therapeutic interventions as treatment options for patients in ICU.
- Identify the role of multidisciplinary team members in ICU.
- Synthesize information for use in clinical and academic practice.



### Schedule

#### DAY 1 - FUNDAMENTALS OF ICU CARE

7:30-8:00: Registration  
8:00-9:00: Early Mobility and Rehab in ICU: Clinical Concepts & Evidence Based Practice  
9:00-9:30: Mechanical Ventilation Explained Simply  
**9:30- 9:45: BREAK**  
9:45-11:30: Mechanical Ventilation Explained Simply (cont.)  
11:30-12:00: Non-invasive Positive Pressure Ventilation  
12:00- 01:00: Vascular Catheters  
**1:00-2:00: LUNCH**  
2:00-3:00: Artificial Airways  
**3:00 - 3:15: BREAK**  
3:15-4:15: ICU Monitoring, Equipment and Medical Devices  
4:15- 5:00: Mechanical Assistive Devices

#### DAY 2 - ESSENTIALS OF ICU REHAB

8:00-9:00: Weakness in the critically ill  
9:00-10:00: Medications commonly used in the ICU  
**10:00 - 10:15: BREAK**  
**10:15- 10:45: Interpreting Laboratory Values 10:45 -11:30: Assessment of patients in ICU 11:30-12:00: Functional outcome tools in ICU 1**  
2:00- 01:00: Post-Intensive Care Syndrome(PICS)  
**1:00-2:00: LUNCH**  
2:00 - 2:30: Therapy Interventions: Function oriented treatment from Positioning and Exercises  
**2:30 - 2:45: BREAK**  
2:45 - 3:45: Therapeutic Interventions in ICU: Function oriented treatment for Transfers and Ambulation  
**3:45 - 4:00: Final Thoughts / Discussion**