

## Course Details

To register for the webinar:

[www.permeseminars.com](http://www.permeseminars.com)

### Registration Fee

\$450.00

### Instructional Method

Lectures, Quizzes & Discussions

### Location

Robert Wood Johnson University  
Hospital  
Hospital Auditorium - Admin Build.  
1 Robert Johnson Place  
New Brunswick, NJ 08901

### Suggested Audience

PTs, OTs, PTAs, COTAs, and other  
Healthcare Professionals

### CCU/CEU

14.0 contact hours/1.4 CEUs

**PT:** Illinois Dept of Financial &  
Professional Regulation License #  
216.000338. California # 20-107 New  
Jersey # 1910-22; Ohio # 20S1700;  
Texas # 71761TX; Pending approval:  
Pennsylvania, Florida, Louisiana.

**OT:** AOTA Approved Provider of continuing  
education # 11159 - AOTA Classification  
Code: Occupational Therapy Process-  
Intervention. ("The assignment of AOTA  
CEU's does not imply endorsement of specific  
course content, products, or clinical procedures  
from AOTA.")



### Speaker Biography

Christiane Perme, PT CCS FCCM is a graduate from the Catholic University in Brazil. She is a Board Certified Cardiovascular and Pulmonary Clinical Specialist and a Fellow of the American College of Critical Care Medicine.

Mrs. Perme is the owner of Perme ICU Rehab Seminars and a Clinical Development Specialist at the Houston Methodist Hospital, where she practiced primarily in ICU for 30 years. She has published 20 articles and is co-author in 9 book chapters.

Mrs. Perme has presented hundreds of courses and lectures in the United States. She is also a world-renowned speaker with presentations in Colombia, Puerto Rico, Denmark, Russia, Brazil, Nigeria, and at the World Physical Therapy Congress in Spain, Canada, and Netherlands.



For additional information and special  
needs requests, please contact:  
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## "FUNDAMENTALS OF ICU REHAB"

Presented by:  
Christiane Perme, PT CCS FCCM

MARCH 13-14, 2021

NEW BRUNSWICK, NJ

## Course Description



## “FUNDAMENTALS OF ICU REHAB”

Therapists working with patients in ICU face complex challenges. The content of this course will guide clinicians through the process of understanding and managing adult ICU patients, from patient selection and therapeutic interventions to choosing outcome measures. This course is designed to inspire clinicians to reflect on and understand the clinical principles that promote best practices in the ICU and positively influence the recovery of patients.

## Testimonials

*“Chris is a GREAT course instructor! She presented ALL the information in organized & clear manner. Very dynamic and passionate speaker.”*

*“Best course ever taken! Should be a requirement for every therapist prior to working in ICU.”*

*“I loved and appreciated the photos/videos. Thank you and thank you for your compassion..”*

*“Great speaker who engages the class, very easy to pay attention. Personal experiences added great value to content being taught. Highly recommend this course.”*

*“This course will impact my practice on a daily basis. Thank you!”*

*“Great energy and kept audience engaged for the entire 2 days!”*

## Objectives

Upon completion of this course, the participants will be able to:

- Select patients for early mobility and rehab in ICU using clinical decision-making skills.
- Identify ventilator settings on screen and summarize most common modes of mechanical ventilation.
- Identify and state function of commonly vascular catheters, tubes, and equipment used in the ICU.
- Describe two common types of weakness associated with critical illness.
- Discuss clinical implications of lab values and medications in ICU.
- Recognize importance of functional outcomes for patients in ICU.
- Examine therapeutic interventions as treatment options for patients in ICU.
- Identify the role of multidisciplinary team members in ICU.
- Synthesize information for use in clinical and academic practice.



## Schedule

### DAY 1 - FUNDAMENTALS OF ICU CARE

7:30-8:00: Registration  
8:00-9:00: Early Mobility and Rehab in ICU: Clinical Concepts & Evidence Based Practice  
9:00-9:30: Mechanical Ventilation Explained Simply  
**9:30- 9:45: BREAK**  
9:45–11:30: Mechanical Ventilation Explained Simply (cont.)  
11:30-12:00: Non-invasive Positive Pressure Ventilation  
12:00- 01:00: Vascular Catheters  
**1:00–2:00: LUNCH**  
2:00–3:00: Artificial Airways  
**3:00 - 3:15: BREAK**  
3:15–4:15: ICU Monitoring, Equipment and Medical Devices  
4:15- 5:00: Mechanical Assistive Devices

### DAY 2 - ESSENTIALS OF ICU REHAB

8:00–9:00: Weakness in the critically ill  
9:00-10:00: Medications commonly used in the ICU  
**10:00 - 10:15: BREAK**  
**10:15- 10:45: Interpreting Laboratory Values 10:45 -11:30: Assessment of patients in ICU 11:30-12:00: Functional outcome tools in ICU 1**  
2:00- 01:00: Post-Intensive Care Syndrome(PICS)  
**1:00-2:00: LUNCH**  
2:00 - 2:30: Therapy Interventions: Function oriented treatment from Positioning and Exercises  
**2:30 - 2:45: BREAK**  
2:45 - 3:45: Therapeutic Interventions in ICU: Function oriented treatment for Transfers and Ambulation  
**3:45 - 4:00: Final Thoughts / Discussion**